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## COUCINA LIUOS (CO LID-TS)

# LATEST FIGURES ON CORONAVIRUS

Click Here

#### LATEST ADVICE

Stay home to saves lives

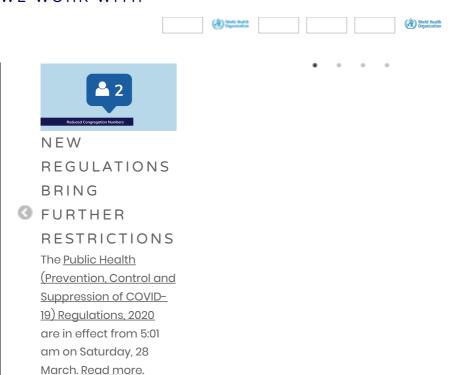
Only leave for essentials	<b>(</b>
Six feet to save lives	$\oplus$
Self-isolate	$\oplus$
Take care	<b>(</b>
Restrict travel	$\oplus$
POLICIES IN ACTION	
Supermarket Provisions	<b>⊕</b>
Shelter in Place	$\oplus$
Nightly Curfew	<b>(+)</b>
Gatherings restricted	<b>(</b>
Non-essential operations closed	<b>(</b>
Restaurants take-out or delivery only	<b>(</b>
No exceptions to social distancing	$\oplus$
Public transport restricted	<b>(</b>

#### $\oplus$

6

#### ► All Policies in Action

#### WE WORK WITH



#### WHAT IS CORONAVIRUS (COVID-19)?

Coronavirus or COVID-19 is a new strain of the coronavirus, which was first identified in Wuhan City, China in 2019COVID-19 is a member of the coronavirus family (a group of viruses) that has never been encountered before.

#### WHAT ARE THE SYMPTOMS?

The virus most commonly causes:

- coughing
- fever
- tiredness
- breathing difficulties

These symptoms are usually mild and begin gradually but commonly occur within 1-10 days after a person has been exposed.

Some people become infected but don't develop any symptoms and don't feel unwell. Around 1 out of every 6 people who gets COVID-19 becomes seriously ill and develops difficulty breathing.

#### HOW DO I GET MORE INFORMATION?

This official website includes a lot of helpful information that is constantly being updated, including a detailed explanation of the <u>Daytime "Soft" Curfew and Nighttime "Hard" Curfew</u>that are in place, answers to <u>Frequently Asked Questions</u> and details of <u>Policies in Action</u> We also have a list of <u>Hotlines</u> for critical services.

If you have medical questions, many resources are available on this website and <a href="www.hsa.ky/coronavirus">www.hsa.ky/coronavirus</a>. If you can't find what you're looking for or have a question about your specific situation, contact your General Practitioner or the 24-hour Flu Hotline on 1-800-534-8600 or 947-3077 or email <a href="mailto:flu@hsa.ky">flu@hsa.ky</a>. If you have a medical emergency dial 911.

If you have anon-medical question and can't find the answer on this website, contact the National Emergency Operations Centre hotline on 1-800-534-6555 or email NEOC@gov.ky.

#### REGIONAL TRACKER

Get updates from the Pan American Health Organizationhere.

#### WHO SITUATION REPORTS

Get global updates from the World Health Organizationhere.

#### ► HOUSEHOLD GUIDANCE





Stay at home guidance for households with possible coronavirus (COVID-19) infection Read more.

#### ► VULNERABLE PEOPLE

# **VULNERABLE PEOPLE & THEIR FAMILIES**

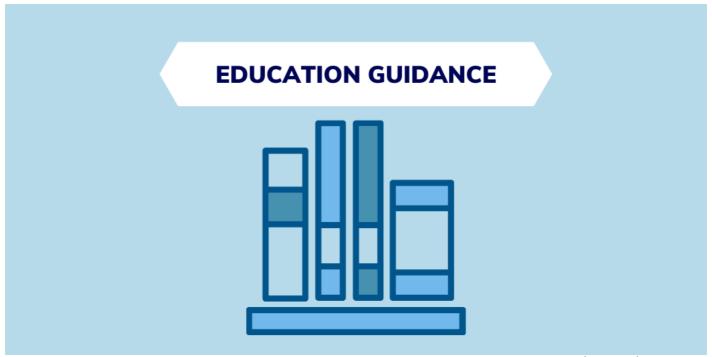


Information for vulnerable people such as older persons or chronic conditions that place them at high risk and their carers. Read more.



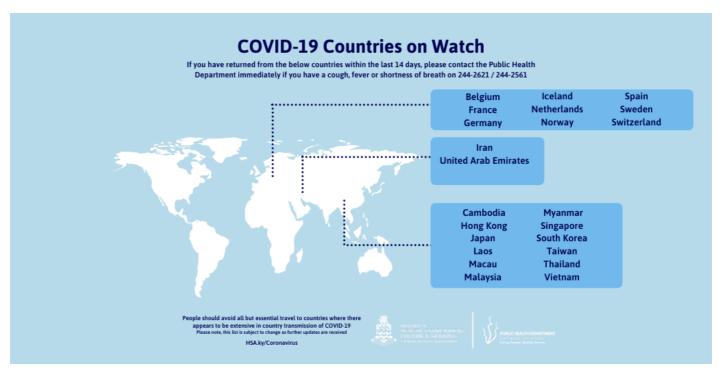
Information on the novel coronavirus (COVID-19) including guidance for businesses. Read more.

#### ► EDUCATION GUIDANCE



Information for schools and other educational settings in providing advice about the novel coronavirus (COVID-19)Read more.

► TRAVEL ADVICE



Travel advice and restrictions from the Cayman Islands Government. Read more.

#### ► MENTAL WELLBEING



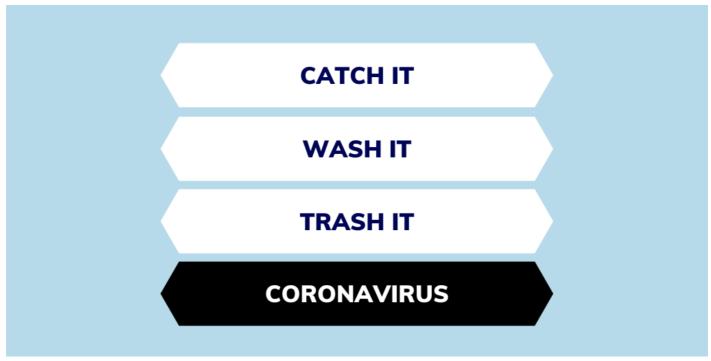
Information on maintaining your mental wellbeing and safety in the unlikely event of needing to self-isolate Read more.

► LATEST NEWS



Information for the public on the worldwide outbreak of coronavirus, including the current situation in the Cayman Islands and information about the virus and its symptoms. Read more.

#### ▶ PUBLIC HEALTH INFO



Public health information about how coronavirus is spread and how to avoid catching or spreading germs.

► RESOURCES



Download our on the novel coronavirus (COVID-19) information, graphics and videos<u>Read more.</u>

#### ► FRONTLINE STAFF



Information for front-line and essential workers on coronavirus in Cayman Islands and information on policies<u>Read more.</u>

▶ POLICIES IN ACTION

## **POLICIES IN ACTION**



Information the public on coronavirus policies in Cayman Islands Read more.

#### ► HOTLINES

# **HOTLINES**



Information the hotlines and contact details for various information on coronavirus in Cayman Islands<u>Read more.</u>

CORONAVIRUS F.A.Q.S

What is coronavirus? How is it caught & spread?

The information and studies we are receiving on COVID-19 grow by the day, and so does the understanding. The

advice from our Chief Medical Officer is that shared by national public health agencies such as the Centers for Disease Control in the USA, Public Health England and the World Health Organization. Read more.

#### What is Government doing to address COVID-19?

Here on our official website, you can find the most up to date news and information about Government's response to COVID-19. This includes <u>Policies in Action</u> to protect our community and save lives.

#### What should I do if I think I have COVID-19?

Unless you require emergency medical care, stay home. Call your General Practitioner or the Flu Hotline on 1 800 534 8600 or 947 3077 for advice if you are not managing. Depending on your symptoms and travel history you will most likely be advised to self-isolate at home. A member of the Health Services Authority will visit you at your home. Read more.

#### What should businesses do?

The Cayman Islands Government issued advice on how businesses and commerce can prepare ahead of a potential community case. We are also keeping this website updated to reflect the latest policies and advice. Read more.

<u>View all of our frequently asked questions on the novel coronavirus.</u>

### PREVENTION TIPS

The best way to protect yourself and others from the spread of this virus is to practice these three tips:

- Catch it. Catch a cough or sneeze in a tissue. If you have nothing to use, use your elbow and not your hands.
- Bin it. Bin the tissues after use. Viruses can live for hours in tissues.
- Example 2 Kill it. By avoiding close contact with those suffering from acute respiratory illness, avoiding travel if you have flu-like symptoms (or a cough or a fever) we can help kill the virus.

# **Coronavirus Prevention Tips**



# CAYMAN PREPARED

Hazard Management Cayman Islands has overall responsibility for the national Comprehensive Disaster Management programme, including preparedness, response, mitigation and recovery.

HMCl is responsible for the National Emergency Operations Centre (NEOC), which is activated to direct and coordinate the response to national threats. <u>Read more.</u>

# PRESS ROOM

- ► March 29 Govt Update: 4 New Positive Cases, More Stringent Policing of Daytime Curfew, New Supermarket Rules Read more.
- ▶Too Many Non-essential People Out and About in the Community, in Violation of the Shelter in Place (soft curfew) Requirements. March 28 Update, Read more.
- ▶ Supermarkets Prepare to Welcome Shoppers on Saturday, 28 March.Read more.

- ▶ Attorney General Details New COVID-19 Regulations, Including Shelter in Place<u>Read more.</u>
- ▶ LSD Operational Changes Allow Video Verification, Extensions, Digital LodgmentsRead more.
- ▶ NAU Revises Opening Hours, Customers Allowed Monday to Thursday, 8:30am to 1:00pmRead more.
- ▶ DLP Reminds Employers of Provisions for Terminations, Temporary Lay-offs Due to CoronavirusRead more.
- ▶ Friday, 27 March Government Update: Two Curfew Regimes Going Forward from Saturday, 28 MarchRead more.
- ▶ Changes to External Examinations Scheduled for Secondary Students<u>Read more.</u>
- Cayman Islands Public Library Service Announces Online eBook Service. Read more.
- ▶ Essential Services from Ministry of Home Affairs Continue Read more.
- ► Read all news

#### CORONAVIRUS LATEST LIVE UPDATES

# Unavailable This video can't be embedded. Watch on Facebook · Learn More

NEWS FROM AROUND THE WEB



How A Little Island In The Caribbean Sea Is Standing Up To The Goliath Of Coronavirus forbes.com

CAYMAN ISLANDS HEALTH SERVICES AUTHORITY (HSA)

<u>Learn more</u>

USA CENTERS FOR DISEASE CONTROL & PROTECTION (CDC)

<u>Learn more</u>

PUBLIC HEALTH ENGLAND (PHE)

<u>Learn more</u>

WORLD HEALTH ORGANIZATION (WHO)

<u>Learn more</u>

CARIBBEAN PUBLIC HEALTH AGENCY (CARPHA)

<u>Learn more</u>





## CAYMAN ISLANDS GOVERNMENT